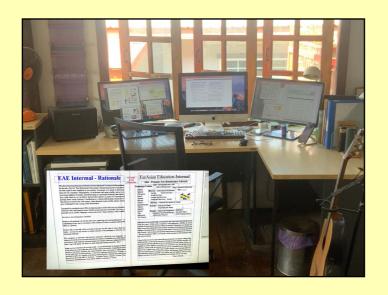
# EurAsian Education - Intermal





Art Cuisine
Dance History
Language Music
Science

**Promote Neo-Renaissance Characteristics?** 

### **EAE** Intermal - Rationale

The idea of EurAsian Education-Intermal was born during the Covid period after gestation for decades. Part of a 'Neo-Renaissance Man' project. My personal answers to questions of what might be new emphases in our societies. A proposal, so to speak, to shift away from the the emerging 'oli(go)garchy' of politicians and mega-wealthy and an ever increasing emphasis on money. Instead focusing on community, brotherly (and sisterly) love, truth wherever we can find it, and activities which it is hoped will entertain and perhaps foster social cohesion. Contributing to a cultural shift perhaps reminiscent of that which occurred in the 14th century, when inherited royalty and the catholic church were challenged by the coming of the Renaissance!

A proposal to concentrate more effort on enjoying aspects of life which are very affordable if not free and could generate major benefits to personal and social health. The focus is presently on art, history, language, cuisine and science. Music and dance will be added.

For each a 'neo-renaissance' rationale?

Beauty in oil paintings can elevate and excite, improving our mood and humanity - so contributing in any way to awareness of the richness of what is available online FOR FREE is a priority.

History tells us not only what occurred in the past but also what to expect from the future - no-one has any excuse to remain unaware if the packaging is attractive. An intriguing challenge.

The passports to adventure and positive interaction offered by new languages, at whatever level, become even more desirable as evidence accumulates as to multi-lingual associations with longevity and maintenance of cognitive functions, helping the brain better cope with aging. The task is to make language learning enjoyable - how?

Magic occurs in kitchens all over the world - we should therefore be bringing as much of the delicious scope within the orbit of other cultures as possible. Expanding horizons stretches your brain. Therefore the cuisine booklets. Since interaction is indispensable for the enjoyment of food and drink - a very basic language introduction to 'requests' is included in each case, together with dining-related proverbs. Attention has mainly been focused on the Asian half of 'EurAsia', including Chinese, Japanese, Korean, Thai, Vietnamese and Indonesian. More will be added to contribute to 'cheers'.

E Europe A Asia E Education

### EurAsian Education-Intermal

### Aim - Promote Neo-Renaissance Lifestyle

Languages/Cuisine

**Art** - Oil Painting since 15th

'Role of Renaissance' https://eaeintermal.com

English
Spanish
History - International Movements
Pdf Access

Portuguese Eurasia North-East Asia

French South-East Asia
German Central and West Asia

Russian South and West Asia Europe

Turkish **History** - National Movements in Europe

Kazakh/Kyrgyz

Chinese
Japanese

Science - Making the Planet
- Populating the Planet

Korean
Thai
- Population-based Methodology
Indonesian
- Ouarternary Genetics
- Science - Research Topics
NCD Training Classes

Viet Namese

Information on the website https://eaeintermal.com/ is provided with separate access to the five topics. Within each, navigation is self-explanatory. Pdf files are freely available for download in Sections without an asterisk. Information as to charges for other access is provided in the Contact section. In support of reaching an international audience, Powerpoint files covering all of the topics of interest are being uploaded onto Youtube. Any reactions and input for improvement or expansion are welcome - this neo-renaissance effort is very much a work in progress with abundant room for critical criticism.

It may be that you do not agree about the present positive or negative status of the world but that is irrelevant to enjoyment of whatever EAE Intermal can offer. All are welcome and many pdf files are free to download from the website. Others are available at what is hoped is reasonable cost. At present, over 500 pdf files are in existence, mostly in the oil painting section, but it is intended that the choice will increase on a regular basis, with a large number already conceived and under the process of construction (UC) pertinent to history and language. Improvements are also undertaken whenever possible, such updates and new additions with any luck acting as incentives to generate membership and maintain interest over time.

Time will tell.

### **Art Section**

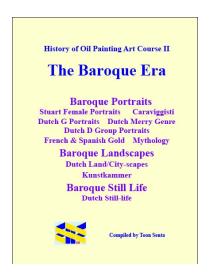
The Art section is primarily focused on oil painting from the 15th century to the first world war. However, a start has also been made with architecture as a second topic. Sculpture might also be covered in future.

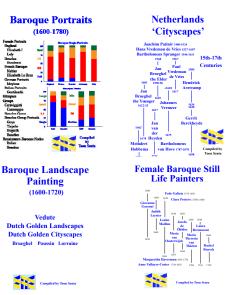
Painting files are for three areas; History of Art Explained/International Movements; National Movements and Individual Artists (multiple and/or single page). Themes are history, genre, portrait, the nude, the landscape and the still life, paintings with religious content being excluded. The overall Art History Overviews and Country Overviews are open access. Items within the Course and individual country sections require a member password - see Contact.

The early developments are covered in 'Beginnings' with 8 group and 22 individual artist files, as illustrated on the right.

The Baroque Era, Course II, encompasses 12 group foci, with links to a number of separate painters.

With onset of official recognition in Course III, the evolution from baroque through rococo and classicism to realism and beyond is the focus. While French artists have





History of Oil Painting Art Course I

### **Beginnings**

Mentions - Who and When Illuminated Manuscripts Flemish Beginnings Venetian Gold Early Masters

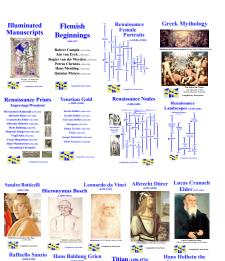
Italian Netherlands German
Renaissance Female Portraits
Renaissance Nudes Mythology

Greco-Roman Roman Christian Renaissance Landscapes



Compiled by Toon Senta









been particularly prolific, relatively large numbers of painters have also be assessed from almost all of Europe as well as North America, Australia and Japan. The principal throughout has been to be as comprehensive as possible, with exploration of all painters for which a sufficiency of high-quality images could be accessed. The occasional experience of a particular painting deserving especial interest has resulted in the single wide page format. An example is the case of Matthias Gerung (see below right) - the renaissance world encapsulated! For another surprise - look at Bononat. For French artists, a very large number have now been considered for this treatment, including all those with multi-page files. In the other national cases a start has been made towards the same level of coverage.









Table. Movements/ Single Artists

	Total	Group	A	Artists					
			M	S					
International:									
History:	23	23	0	0					
Female:	17	17	0	0					
Mythology:	17	16	1	0					
National									
France:	188	19	33	81					
Spain	23	6	16	2					
UK	35	8	25	2					
Benelux	23	11	12	0					
Scandinavia	a <b>25</b>	6	12	7					
Germany	58	13	42	3					
Eastern	24	7	11	3					
Russian	12	5	5	2					
Italian	26	4	16	6					
North Am	16	6	10	0					
Japan	6	5	1	0					
Total	493	100	231	106					

M, Multipage, S, Single page format

Where good quality jpg files suffice, multi-page documents are always the aim.

The majority of artists names in blue on the adjacent maps (over 230) are represented by multi-page files of at least 8 pages but in many cases many more, especially for groups, like German Impressionists/Expressionists.

A frontispiece, generally featuring either an artist chart or a self-portrait is followed by arrangements of paintings to give a harmonious presentation of the scope, with theme based change where appropriate. Examples are shown for Martin van Meytens and François Martin-Kavel.



Scandinavian World **Low Countries British World Iberian World** Italy **South Slav World** Eastern Europe & Russia North America Japan



































**Martin van Meytens** 















The final Course 'Females - Clothed. Partly Clothed' encompasses 18 files as demonstrated to the right.

The art section now has something in the region of 500 pdf files. Although the rate of accrual of multi-page artists is slowing, emphasis will be placed on providing single page format documents for as many artists as possible.

For each multipage document an equivalent Powerpoint file has been prepared for upload onto Youtube. The aim is to thereby generate interest in visiting our website with a very brief coverage, less than 5 minutes, with information how the files can be accessed for download and perusal in the comfort of the home and at the magnification desired. A 13 inch ipad is perfect for this 'whenever and wherever' purpose of art appreciation.





Now why go to the trouble of arranging groups of paintings as aesthetically as possible? Because it is a delightful challenge. Hopefully to achieve a greater impact in understanding of what individual artists have painted and how. And to the extent possible of why, taking into account historical and sociological issues. Whatever, selections and compilations for each page allow personal 'creativity'.

All of the oil painters covered could use far more attention. Whether people will be willing to put their hands in their pockets will reflect the utility of what is offered. Maybe the approach adopted will resonate, maybe not. That is for others to decide. The aim of EAE-

Intermal is to point to the wealth of information out there and available to those interested. To those willing to put their hands in their pockets to the tune of 1 dollar per file. For appreciation and to allow more efforts of this nature to be performed. Funding is need to invest in research.



#### **Portrait Definitions**

A portrait is a painting, photograph, sculpture, or other artistic representation, in which the face and its expression is predominant. Of course, not every depiction of a person is a portrait.

Self-portraiture, or Autoportraiture. is an important sub-class within this

as half body and even full body. If the subject in full body better represents personality and mood this type of presentation may be chosen

Most early representations that are clearly intended to show an individual are of rulers or their spouses, and tend to follow idealizing artistic conventions rather than the actual features of the subject's body. The degree of idealization can therefore be hard to assess. Whether that is also the case for self-portraits a theme well worth investigation!

what predominates in a portrait? when should full body be chosen?

### Определения портрета

body

convention

depiction

expression

genre

investigation

painting

person

personality

photograph

representation

sculpture

subject

artistic

early

full

half

important

predominant

assess

choose

represent

tend

therefore

whether

Портрет — это картина, фотография, скульптура или другое художественное изображение, в котором преобладает лицо и его выражение. Конечно, не каждое изображение человека является портретом

Автопортрет, или автопортрет, является важным подклассом в этом жанре

В искусстве портрет может быть представлен в виде половины тела и даже в полный рост. Если объект в полный рост лучше передает личность и настроение, можно выбрать этот тип

Большинство ранних изображений, которые явно предназначены для показа человека, изображают правителей или их супругов и как правило, следуют идеализирующим художественным условностям, а не фактическим чертам тела объекта. Поэтому степень идеализации может быть трудно оценить. Является ли это также и для автопортрета — тема заслуживающая изучения!

что преобладает в портрете?

can you trust a portrait? когда следует выбирать полное тело? можно ли доверять портрету? are self -nortraits special

жанр живопись изображение исследование личность настроение предмет представление скульптура тепо

выражение

тема **УСЛОВНОСТЕ** фотография

важный полный половина преобладающий ранний хуложественный

выбирать намереваться представлять

поэтому будет ли

авлаются ли автоповтветы особенными;

Exploration of all available assets will continue.

To promote understanding, art tours are envisaged with history, language acquisition and cuisine components. Plans are afoot for all those depicted on the far left and two further examples. for Canada and Connecticut, already exist. In each at least one train, one road and one boat trip are featured.

In addition, taking advantage of Wikipedia, a focus on language and vocabulary particularly useful for art appreciation is being made. Comparisons of the type shown left for portraits will be a focus encompassing oil painting techniques.

### **Cuisine Section**

**Menu Readers**: Dictionaries with introduction of major dishes

**Dietary Components**: Herbs and spices, fruits, vegetables, dairy products and alcoholic beverages,

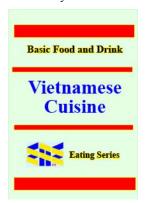
**Recipes**: Ingredients and methods for fast food Asian cooking.

The cuisine section focuses on menu readers for a number of countries, with simple coverage of historical background, basics of food culture, and types of venues to enjoy. In addition a small section on grammar for requests is included, along with recourse to

any food and drink proverbs that might be pertinent.

Bạn có bàn trống không?

What is this?: Cái này là cái gì?





Pronunciation Essentials Phát âm thiết yếu How many people: Bao nhiều người? ă-ah â-eh/uh ô-oh σ-uh ur-ou ura-ou ah c-g d-ze d-d Could I have ..., please? Tôi có thể có ..., làm ơn? g-g but gi-zee/yee k-g kh-k nh-ny p-p ph-f q-kw r-z s-sh t-dt th-t x-s other vowels and consonants as in English What is it made of? Là nó làm bằng gì? tones: a mid à fall à dip ā rise á rise a fall

áp chảo: pan-fried then sautéed

#### bạc hà: mint bam: sauteed mix of chopped ingredients bánh: cake

- bao: steamed "baozi" with either pork o chicken meat, onion, mushrooms, tiny, boiled quail eggs and vegetables inside. Vegetarian examples are popular in Buddhist temples

- bèo: round rice flour pancakes. topped with minced shrimp and chives, fried shallots, and pork rinds, with nước chấm



vegetables - bột lọc: Huế tiny rice dumplings made in a clear rice flour batter, often in a small flattish tube shape. Stuffed with shrimp and ground pork, wrapped and cooked inside a banana leaf

Tục ngữ ăn uống: Food and drink proverbs

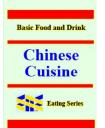
Ăn bánh trả tiền: You eat snack, you pay money - pay before having sex with prostitutes/no money-no honey

Ăn theo thuở, ở theo thì: Eat according to time. live according to time - living in accordance with means

Ăn thì chọn địa điểm, chơi thì chọn ban: When eating choose the place when playing choose your friends living in accordance with means

Ăn trông nồi, ngồi trông hướng: Checking the status of the rice pot when eating, watch where/what direction you are sitting - be careful of possible faux pas

Ăn vụng không biết chùi mép: Eating on the sly without cleaning your mouth committing adultery but left trace















The scientific evidence for nutritional importance of foodstuffs for health is compelling. Antioxidants and soluble fibre are generally accepted as preventive, along with vegetable consumption in general and soy products for their anti-estrogenic actions.

These dietary components need to be emphasized in a new Asian fast food enterprise 'Sticks and Pouches' - a sort of Japanese vakitorya-san. Deserving of chain status? What's on the menu is a balance that it is hoped will contribute to aware personal choices for health (see top right). An overview of relevant research findings is now the target of the Science Section.

Now that our physical well-being has been considered, the time has come for our mental well-being, to which it is hoped 'Sticks and Pouches' will assist, together with dietary component documents like that on alcoholic beverages. Cheers! Also works with water.

### **Sticks and Pouches**

vakitori - chicken/onion **tsukune** - chicken meatball **köfte** - lamb meatball **negima** - belly pork/leek sakana - fish cubes

toufu - dengaku/agedashi/TVP

mini-button mushrooms mini-new potatotes mini-tomatoes carrot/turnip/parsnip corn on the cob

skewered spare ribs lamb kebabs

magari - beef diaphragm tsunagimo - chicken gizzard

reba - chicken liver **shinzo** - chicken heart

aspara bacon

lamb-based samosa vegetarian pork-based lamb-based pies vegetarian pork-based

gyouza vegetarian

pork-based

lamb-based beef-based pasties vegetarian

pork-based lamb-based beef-based

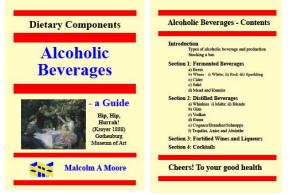
baked potatoes

assortment

raw cabbage, carrots, cauliflower

### Menu

Alcohol and other beverages taken as read



### **History Section**

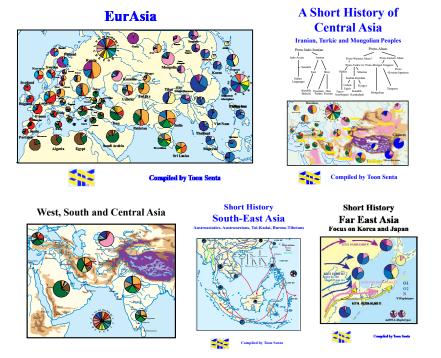
Historical Map Overviews: Focus on Major Geographical Regions.

History International: War, communication, politics and religion.

**History National:** Reigns, Royal Families, Influential individuals.

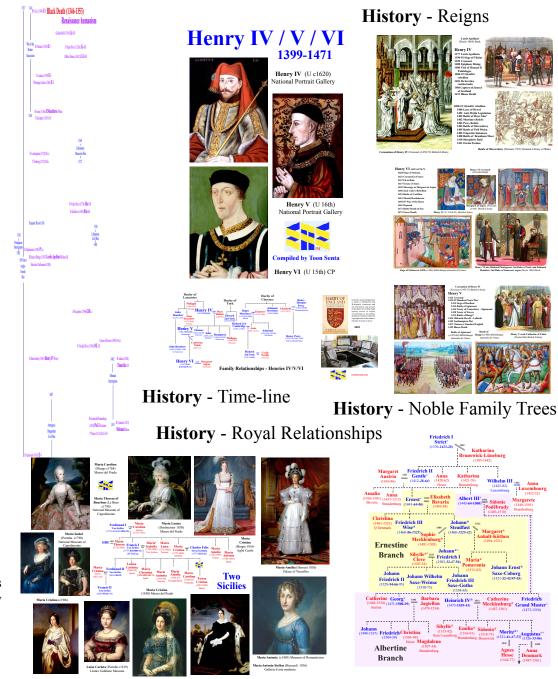
Royal Genealogies and Portraits: Overviews of royal families.

### **History** - Regional Evolution in Maps



The History Section is very much in its beginnings but a number of tentative steps have been taken (see the website). The available files should be regarded in many cases as still under consructuion, direly needing improvement. As and when...

History Internationl files are on their way!



### **Language Section**

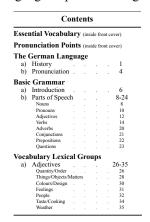
Language Groups: Evolution and constitution.

**Mini-Dictionary Folders:** History, grammar, lexical groups/ proverbs.

Pictograph / Non-Roman Dictionaries: Scripts, pictographs.

Multi-language Courses: Drills to facilitate second language acquisition.

The language section focuses on aids to expansion of vocabulary, first by providing lexical category dictionaries (freely downloadable) and providing practical second language acquisition using drills. Adding to an initial list of 10 languages, five from

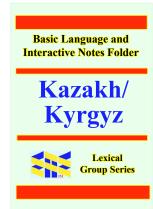


b)	Adverbs					36-39
	How					36
	When					38
	Where					39
c)	Conjunctions					40
d)	Nouns					41-60
	Animals/Plants					41
	Body/Clothes					42
	City/Countryside					44
	Country/Languag	e/Na				46
						48
	Disease/Medicine					50
	Food					52
	House/Furniture					56
	Law/Law Court					58
	Materials					59
	Person/Occupatio	n				60
	Possessions					62
	Religion/Politics					64
	Time/Numbers					66
	Transport					70
	Weather					71
	Writing					71
e)	Prepositions					72
f)	Questions					73
g)	Verbs					74-80
rov	erbs					81
sse	ntial Miscella	ne	ous	(insid	e bac	k cover)

Europe (English, French, Spanish, German and Russian and five from Asia, at least partial additions have been made for Korean, Turkish and Kazakh/Kyrgyz within the Altaic family, Indonesian/Malay and joint Scandinavian (Danish/Norwegian/ Swedish), as well as Portuguese and Italian as other Southern European tongues.

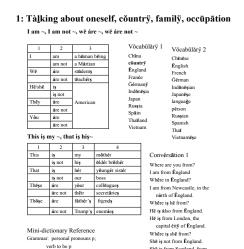
The Folder contents pages (for German as an example) are provided above.

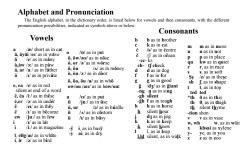
The drills themselves are embedded in text files with identical content for each of the target languages (code required to access). The first two lessons are available gratis as examples (see opposite page). Anyone interested in continuing with the





#### **Folders and Drills**





Vocab: nationality, occupation, family

a-ze a/ar -a: ă/ai -c ă-er e-c ĕ-i: ea-i: èa-r

Shë is from Scotland, from

As with hour, an underline under a single cor

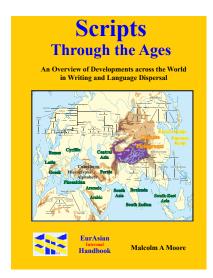
Edinburgh.

1: Hablar de sí mismo, país, familia, ocupación 1: Поговорим о себе, стране, семье, профессии занятий Nouns 1 yo (no) soy ~, el (no) es. Alemania nosotros (no) somos -Adjetivos capital China España un ser human Германия chino Francia Франция no soy español idioma Французский марсианин francés Индонезия somos Indonesia индонезийский Испания maestros Inglaterra испанский Китай de America Japón Китайский iaponés Россия Немецкий persona русский tailandés Тампанп , populatior тайский Rusia Японский gorin. Tailandia Vietnam Откула ты? Conversación 1 hermano mayor я из России De donde eres? старший брат Гле в россии? Yo soy de España младшая сестра no es Donde en España Я из Петербурга, на север son Soy de Granada, en el sur de España. Откуда он : De dónde es él? También es de Esnaña Он из Москвы, столиці no son enemigos de Trump друзья отца Es de Madrid, la capital de España. Откуда она Mini-diccionario de referencia ¿De donde es ella? Она не из России Gramática: pronombres personales p. verbo ser p Ella no es de España Она из Украины, из Киева Flla es de Portugal, de Vocabulario: nacionalidad, familia, ocupación Справочник мини-споваря Грамматика: пичные местоимения р: глагол быто Словарь: национальность, фамилия, род занятий

course should explore membership (see Contact). On offer will be 10 lessons in the Beginner Category, and a further 10 in the Improvers.

A system to make the English written word phonetic has been developed using accents and other symbols. Whether this will be emphasized in future is unclear, depending on the response.

The idea is to make a nominal charge, but which will also cover regular (how often to be determined) email updates with new drills to be performed.





Chinese-English
English-Korean
German-English
Japanese-English
Russian-English
Spanish-English
Thai-English - Thonburi
Thai-English - Sukhumvit Set
Vietnamese-English

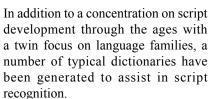
Reading Chinese Hanzi - 3 Steps Reading Japanese Kanji - 3 Steps







### **Scripts of the World**



Three expanding dictionaries are contemplated, along with a number of specialist emphases, as exemplified by the Russian verbs booklet.

To provide more drill opportunities for improvers, the multi-language focus will continue on specific themes. A combination of reading and comprehension exercises, with attention to building active vocabulary.

Attention to philosophical texts will concentrate on Baltasar Gracián, Marcus Aurelius and Baruch Spinoza. Parallel texts, vocabulary lists and comprehension testing included.

Keep on drilling!







Expanding Dictionaries

Script Dictionaries

**Specialist Dictionaries** 



#### **Themes**

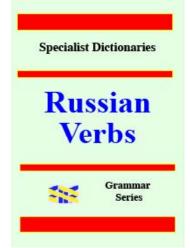
Change
Concept
Crime
Dimensions
Disturbance
Documents
Family
Feelings
Imagination
Travel
Worth

Gracián

Everything has reached its peak nowadays, but the art of asserting oneself has reached the highest. It takes more to be one wise man than to be seven in ancient times, and more is required to deal with a single person in these times than formerly with a whole people.

如今,一切都已到达顶峰,但是维护自我权利的艺术已到达 最高点。成为一个明智的人比筛选古代的人更难,在这个时 代与一个人打交道比在过去与整个民族打交道需要更多。

Hoy en día todo ha llegado a su punto álgido, pero el arte de afirmarse ha llegado a lo más alto. Se necesita más para ser sabio que para tamizar en los tiempos antiguos, y se requiere más para tratar con un solo hombre en estos tiempos que con todo un pueblo en tiempos pasado.





### **Science Section**

#### **EurAsian Education Intermal Research:**

Aims and Activities, Master Class, Documents

#### **Research Methodology:**

Use of scientific English for manuscript publication; studies in epidemiology; quarternary genetics, including Y- and mtDNA haplotypes.

**Earth Studies:** Geology and making of the planet, evolution and peopling of the planet, development of life forms

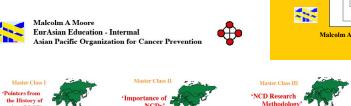
The idea behind EAE-Internal incorporates the donation of earned income to support development of NCD control capacity in Central Asia in particular, but also elsewhere if there is interest.

Any materials generated in the Science section can be freely downloaded.

A Master Class is available focusing on various aspects of noncommunicable disease epidemiology and research publication (see right).

A number of commentary type papers are available, one focusing on generating research capacity in LMIC's, another on training, a third on need for cohorts, and a fourth on international cooperation. Planned are further commentaries on research goals (see figure) and prediction of risk.



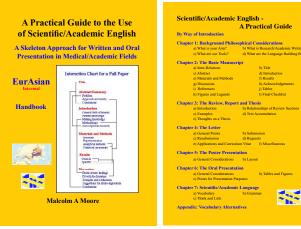


низ,

'Специфика рака на

'Методология

исследования НИЗ







One focus is on quaternary genetics and application findings to elucidation of how the world evolved to its present state and how it became populated by Homo sapiens.







the APOCP

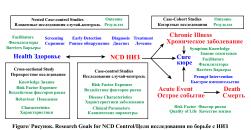
Указатели из

Master Class IV

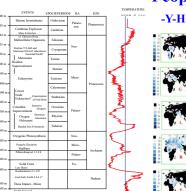
Cancer Basics'

Основы рака?

история АРОСР



### **Making of the Planet**









The original qualities of man, as well as the behaviour which results from them, are strangely persistent. They offer a tenacious resistance to the influences of time and place. A Spaniard of the seventeenth century who, spurning the advice of Gracián, frequently appeared before his superior without being summoned, would find himself in much the same position as an employee of our day who irritates his boss. Everyone, at all times and in all places, has had to deal with envious people and enemies, superiors and patrons. His fall or rise depends on them, and all changes in manners, costumes and titles will make little difference.

Respect yourself if you would have others respect you Baltazar Gracián (1601-1608)

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